

Meeting Date: 19/09/2018



<b>WHO :</b>	Parent Action Committee (PAC) / Comité Action Parents (CAP)
<b>WHAT:</b>	Café des Parents – Monthly General Meeting
<b>WHEN:</b>	First Wednesday of the month General Meeting
<b>WHERE:</b>	School’s Library / Bibliothèque d’école

## 1. ATTENDEES

Michelle Tennant	Prisca Rasoanavo
Geraldine Fouchereau	Sheena Frisch
Christine Tam	Sharla Stohandske
Karelyn Hrushowy	Shiva Goltabhi
Franck Taveres	Koia Misra
Patricia Bonillas	Roja Bagheri
Samantha Lam	Sevil Baytekin
Stephanie Campbell	Cali Gibbs
Lizeth Escobedo	Julia Ogier
Lise Le Feuvre	Shiva Badiie
Florence Chazal	Jennifer Chen
Laylee Mehrdad	Catherine Simon
Katty Rostamyazd	
Golnar Ghazi	
Qiongli Wu	

## 2. GENERAL INFORMATION

- **Welcome** to new parents to Cousteau and the PAC; Introduction of attendees
- **Introduction** PAC Chair (Michelle Tennant), Co-Chair (Geraldine Fouchereau), Principal (Franck Tavares)
- **Upcoming Meetings:**
  - Wednesday Sept. 26th: new Principal (Alain) will be in attendance and would like to meet PAC members and discuss how admin and the PAC can work best to benefit Cousteau.
  - Wednesday Oct 3rd: first official PAC meeting. Meetings will be held in the library @ 9:00am

### 3. COUSTEAU UPDATES (PRINCIPAL OR FACULTY)

- **Franck (Principal) - The PAC supports the school's efforts by:**
  - providing volunteers for school events (i.e. Halloween, Christmas show, Terry Fox Run), development and organization of fundraising opportunities (i.e., PAC was pivotal in securing \$ for library improvements), giving more insight into what is happening in classes (i.e. class reps attending PAC meetings), and addressing the needs of teachers as admin will rely on communication between PAC and class reps.
- **Yara Melki (Cousteau Board member):**
  - we have a strong community at Cousteau. Studies show parent participation in their child's school improves not only the child's development, but also the school's growth. The Board includes 7 members and sets priorities to help to run the school in adherence to its established mission and ensures that the school is perpetually funded.

### 4. FUNDRAISING

- **Merchandise** (Stephanie)
  - provides marketing and visibility for Cousteau; community-building and sense of belonging for students. Also supports school for their needs (purchase safety vbibs for the students on field-trips away from school)
  - Items include red beanie, blue t-shirts, grey hoodies (children & adult sizes avail.)
  - volunteers needed for folding merchandise, sourcing for best pricing of garments, as well as selling before/after school and at official school events (ie. Terry Fox Run, Christmas time, Spring, end of year Kermesse)
- **Scholastics** (Samantha)
  - throughout the year fliers will go home beginning of each month, order deadline is mid-month and delivery at the end of month.
  - a percentage of money spent on total order is returned back to school through bonus dollars.
  - the funds go back to teachers to purchase supplies, teaching aids for the classes
- **Oliver's Labels:**
  - fundraiser: details in the newsletter. 30% of money spent on orders goes back to Cousteau
  - order at [oliverslabels.com/cousteau](http://oliverslabels.com/cousteau)
- **Art Cards:** (Lizeth)
  - fundraiser; student art class project is used for greeting cards.  
pParents will be able to place order before the holiday season (end of Nov.)
- **Used Book Sale** (Florence)
  - an emphasis on French language books/literature
  - 1 sale/yr (Spring) and possibly a second will be scheduled at another date
  - provides opportunity to recycle and share with others and to purchase books at a reduced cost.
  - the idea of a book swap was discussed; topic needs further discussion.

## 5. COUSTEAU EVENTS

- **Terry Fox Run** - Charles Pillon (new PE teacher):
  - 9 volunteer parents are needed to secure the race route (1/2 day commitment; either morning or afternoon); students will be on the course from 1:30-2:45 pm
  - volunteers have set duty and a time they need to report
  - charles has mapped route
  - the parking lot is part of the course & will be restricted (no cars)
  - all parents have been invited to run with your children; each grade has a scheduled time to race
- **Eco-School** (Sharla & Florence)
  - committee in final stages of 'eco-certification'
  - first even is beach clean-up Sept 29th at Stanley Park's Lumberman's Arch (~30 ppl. Attended last year). Site chosen as it's most central to all Cousteau families.
  - a request solicited for anyone who may be able to donate coffee for participating parents; ask that you contact Sharla (those in attendance are asked to bring own mugs; no disposable cups provided).

## 6. PAC EVENTS AND PROJECTS

- **Hot Lunch:** (Patricia)
  - prepared by 'Well Fed' delivered 4 days/wk; M, W, Th, F
  - 1 volunteer position require d(11:20 am – 1pm)
  - this volunteer distributes ordered meals to children (a digital file will have the instructions for the day)
  - hot lunch program is not a fundraising program as it's goal is to provide nutritious meals at a reasonable cost to families
  - \$5 admin fee at registration ensures that food costs remain lower for all.
  - meals delivered in compostable containers as per Eco-school mandate; students asked to take waste home to be discarded appropriately.
  - Bon Appetit Day: fundraiser for select school projects (i.e. New water fountain 2017/2018)
  - long-table lunch served to children of school; 8-9 parents volunteers are needed for each event to serve children their lunch
  - fundraiser: NEW 'Meals to Go'; frozen meals prepared by 'Well Fed' that can be purchased by families to prepare for home. More details to come.
- **Volunteering** (Patricia)
  - dign up as a Volunteer with 'Track It Forward'  
gGo to Cousteau website, under 'community' tab; select volunteer and find link to the program.
  - you can sign up from particular events or committees here. After you have completed volunteer hours, sign in again and log these hours. Volunteer hours will be verified by PAC chair.

- by volunteering 30 or more hrs. you are entitled to a reimbursement of \$450 (parent participation program fee)

## 7. CHARITABLE GIVING

- **Strathcona Backpack** (Lizeth):
  - reducing food scarcity for 500 school students and 3 social housing projects
  - volunteers needed to deliver food to their downtown east side address (need to decide whether we will participate monthly or bi-monthly)
- **Woodward's Daycare** (Lizeth):
  - provide diapers and wipes for babies/toddlers in need
  - volunteers needed to organize this